



Republic of the Philippines
Department of Education
Region X-Northern Mindanao
DIVISION OF MISAMIS ORIENTAL
Del Pilar-Velez St., Cagayan de Oro City
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June 3, 2015

Division Memorandum
No 162 s. 2015

Memorandum To:

Assistant Schools Division Superintendent
Education Program Supervisors
Public Schools District Supervisors
Section Heads
Senior Education Program Specialists/ Education Program Specialists
Facilitators/ Speakers
Senior Citizen Employees (Elementary & Secondary)

From:


CHERRY MAE L. LIMBACO, Ph.D., CESO V
Schools Division Superintendent 

Subject:

2015 Division Financial Management & Wellness Camp for Senior Citizen Employees
(Batch 1: MOGCHS – Lugait) on June 26 & 27, 2015
Midway Beach Resort, Initao, Misamis Oriental

To prepare for the retirement of the Senior Citizen Employees (whose age is 58 years and older) of Department of Education, Misamis Oriental, orient them on financial management and how to make their lives worthwhile and enjoyable even after the retirement, this division will conduct a 2015 Division Financial Management Wellness Camp for Senior Citizen Employees of Department of Education, Misamis Oriental on June 26-27, 2015 (batch 1: MOGCHS to Lugait). **in Midway Beach Resort, Initao, Misamis Oriental.**

The participants of this camping are the Schools Division Superintendent, Assistant Schools Division Superintendent, Education Program Supervisors, PS District Supervisors/ District In-charge, Division Section Heads, Senior Education Program Specialists/ Education Program Specialists, speakers, nurses & facilitators for the Division Wellness Camp, and Senior Citizen Employees (58years and older) in both elementary and secondary schools.

Accommodation, transportation, training materials, honoraria of the speakers, and other incidental expenses shall be charged to MOOE subject to the usual accounting and auditing, rules, and regulations.

Committees and training matrix and list of participants are enclosed in this memorandum.

CLL/rlg

**2015 Division Financial Management & Wellness Camp for Senior Citizen Employees
(Batch 1: MOGCHS to Lugait)
on June 26 & 27, 2015**

Technical Working Group

CHERRY MAE L. LIMBACO, Ph.D., CESO V
Schools Division Superintendent

JEAN G. VELOSO
Assistant Schools Division Superintendent

RUDY O. MAGDUGO
Chief, SGOD

ERLINDA G. DAEL
Chief, CID

DR. VIDA SUGANOB
Chief, Medical/ Dental Section

BERNADETTE P. SAMACO
Admin Officer V

Planning Committee:

Chair: Rhodora Lanza- Gallares

Members:

**Ric Gabe, Marife D. Balaba, Vevian T. Tuason, Danny A. Asio, Lindo Cayadong,
Gerry P. Madrid, Irish Karylle D. Monte, Cirilo K. Rubiato II**
Norberto Rosales, Maria Teresa M. Absin, Erlinda G. Dael, Ferminia Labis , Edwin L. Gamorot
Meylinda M. Paceño, Johnny D. Redondo, Grace V. Gallana.
All Section Heads, PSDSs, SEPS, EPS

a. Finance, Food, Venue and Accommodation:

Chair: Mary Grace V. Gallana
Members: Mr. Ric Gabe
Norberto E. Rosales
Meylinda M. Paceño

b. Training Design, Memorandum, Matrix, & Invitation

Chair: Rhodora L. Gallares
Members: Ms. Marife D. Balaba
Ms. Irish Karylle D. Monte

c. Registration, Attendance, Tarpaulin Design & Printing, Technical and power point presentation in-charge/ :

Chair: Rudy Magdugo
Members: Marife D. Balaba
Irish Karylle d. Monte
Norberto Rosales
Andrew Heroe R. Janubas

d. Health & Wellness:

Chair: Dr. Vida C. Suganob
Members: Nurses assigned from MOGCHS to Lugait

e. Program and Documentation:

Chair: Vevian T. Tuason, Ph.D.
Co-chair: Marife D. Balaba
Members: SGOD Staff

**Division Financial Management and Wellness Camp
for Senior Citizen Employees of DepED Mis.Or.
June 26-27, 2015
Matrix of Activities**

Day/Time	Activity/Topic	Facilitators
Day One (June 26)am		Please refer to the list of facilitators/ Speakers in each module or Topic in Enclosure No. 3
7:30- 8:00	Arrival/ Registration	
8:00-9:00	Opening Program c/o Ms. Karylle D. Monte & SGOD Staff	
9:00-10:30	Financial Management/ Counseling Having a Joyful & Secured Retirement	
10:30-11:30	<ul style="list-style-type: none"> • Retirement Documents • Republic Acts on Retirement (GSIS & Philhealth) • Issues on Retirement 	
11:30-1:30	Lunch Break	
pm		
1:30 –2:00	Management of Learning	
2:00-5:00	Parallel / Break-out Session Module 1: Flower Arrangement Module 2: Dish Gardening Module 3: Leadership & Spirituality Module 4: Recreational Dancing Module 5: Micro Business Management	
5:30-8:00	Socials & Dinner c/o Marife D. Balaba & SGOD Staff	
Day Two July 27, 2015		
6:00-8:00	Medical Check-up/ Medical Consultation	
8:30-9:00	Management of Learning	
9:00-10:00	Common Diseases for Elderly	
10:00-11:00	Proper Nutrition for Elderly	
11:00-11:30	Closing Program c/o Marife D. Balaba & SGOD Staff	
11:30-12:00	Lunch	

SPEAKERS AND TOPICS

Topics/ Activities	Speakers/ Incharge
1. Flower Arrangement	Jay C. Mila-Teacher-3, ONSTS
2. Dish Gardening	Remedios B. Castillo, T-3, ONSTS
3. Leadership & Spirituality	Horrace Amelia Q. Nacua, Ph.D.
4. Recreational Dancing	Mr. Johnny D. Redondo, ES-1
5. Micro Business Management	Mr. Lindo M. Cayadong, SEPS
6. GSIS & PHILHEALTH Benefits/ Retirement documents requirements & Issues	Bernadette P. Samaco, AO-V
7. Financial Management and Having a Joyful & Secured Retirement	Ms. Nilda Mejos, PSDS
8. Common Diseases for Elderly	Dr. Maria Magdalena A. Juan
9. Proper Nutrition for Elderly	Ms. Orosalita Ares-Antojado

LIST OF PARTICIPANTS (BATCH 1: LUGAIT –MOGCHS)

NAMES	AGE	SCHOOL/DISTRICT	MODULE
1. BACULIO, ERLINA G.	61	Lugait CS	Micro Business Management
2. BONGCAYAO,SOLIDARIDAD	63	Lugait CS	Leadership & Spirituality
3. BUGAY, WENA C.	60	Lugait CS	Flower Arrangement
4. BUHION, MARIAN ROSE B.	59	Lugait NHS	Micro Business Management
5. CASTRO, LEOMIN U.	59	Lugait NHS	Micro Business Management
6. CAVALIDA, LILIBETH M.	60	Lugait CS	Leadership & Spirituality
7. FRANCISCO, ELSIE R.	64	Lugait NHS	Leadership & Spirituality
8. GENOVIA , LUCILA Y.	59	Lugait CS	Dish Gardening
9. INAO, MYRELENE G.	59	Lugait CS	Micro Business Management
10. JOLINA , ROSALIA V.	60	Lugait CS	Leadership & Spirituality
11. PARAGOSO, EMMA M.	59	Lugait CS	Micro Business Management
12. QUILANG, ROMULO M.	63	Lugait NHS	Leadership & Spirituality
13. CEREZO, EMELDA	61	Manticao	Micro Business Management
14. DRAGON, MATERNIDAD	62	Manticao	Micro Business Management
15. NERI, MILAGROS	60	Manticao	Dish Gardening
16. PEÑAS, NECIPORA	58	Manticao	Dish Gardening
17. PINATACAN, CLARITA	62	Manticao	Micro Business Management
18. PONTILLAS, JOSEPHINE	64	Manticao	Micro Business Management
19. QUNIT, DELIA G.	59	Manticao	Recreational Dancing
20. VILLASAN, LUCENA	60	Manticao	Dish Gardening
21. ACUT, LORNA P.	58	Linangkayan ES	Leadership & Spirituality
22. BILLONES, ZYLLA FLOR D.	59	Naawan CS	Micro Business Management
23. DAMPAL, LORIE U.	60	Maputi ES	Leadership & Spirituality
24. EDUBOS, PERLA U.	58	Naawan CS	Recreational Dancing
25. HAMBRE, VIOLETA M.	58	Naawan CS	Leadership & Spirituality
26. ROA, OFELIA B.	58	Mat-I ES	Leadership & Spirituality
27. SILVIO, LUCENA R.	60	Maputi ES	Recreational Dancing
28. VILLANUEVA, LOURDES N.	60	Naawan NHS	Recreational Dancing
29. ACERO, MAY ZOE M.	61	Laguindingan NHS	Flower Arrangement
30. DE LOS REYES, LIGAYA N	64	Laguindingan NHS	Flower Arrangement
31. LUMAHANG, TESSIE T.	61	Laguindingan NHS	Flower Arrangement
32. MAGDUGO, MARIO A.	60	Laguindingan NHS	Flower Arrangement
33. PANDERO, FILOMENA B.	64	Laguindingan NHS	Flower Arrangement
34. UAYAN, LILIA M.	60	Laguindingan NHS	Flower Arrangement
35. UBAOB, SALOME V.	63	Laguindingan NHS	Flower Arrangement
36. YAMO, WENDELINA R.	63	Laguindingan NHS	Flower Arrangement
37. ABREGANA, LENNY B.	60	Mauswagon ES	Micro Business Management
38. CASERES, ZOILA A.	59	Mauswagon ES	Micro Business Management
39. GARCIA, FRANCHITA U.	60	Mauswagon ES	Micro Business Management
40. JALAGAT, EVELYN	62	Laguindingan CS	Micro Business Management
41. LOMONGO, JOSELITO J.		Aromahon ES	Dish Gardening
42. OBSIOMA, ESTHER S.	60	Kibaghot ES	Micro Business Management
43. OGUIS, TESSIE M.	58	Tubajon ES	Micro Business Management
44. QUILAB, LEVE	62	Laguindingan CS	Dish Gardening
45. RABUYA, ROSALINDA S.	60	Kibaghot ES	Micro Business Management
46. ALCANTARA, ALELI	62	MOGCHS	Micro Business Management
47. ARRIBA, FELOMINA	63	MOGCHS	Recreational Dancing
48. BAGUIO, IRMA A.	61	MOGCHS	Micro Business Management
49. BALANG, MYRNA	59	MOGCHS	Micro Business Management
50. CARORO, BENEDICTA	59	MOGCHS	Flower Arrangement
51. CEZAR, VENERANDA	58	MOGCHS	Flower Arrangement
52. CUÑADO, TESSIE	62	MOGCHS	Flower Arrangement
53. DELICONA, HERMOGENA	63	MOGCHS	Micro Business Management
54. DEREQUITO, CLARITA	62	MOGCHS	Micro Business Management
55. GOMEZ, MERLY R.	59	MOGCHS	Recreational Dancing

56. MACAPELIT, MIGUEL	59	MOGCHS	Micro Business Management
57. MALAZARTE, EVANGELINE	64	MOGCHS	Micro Business Management
58. OLOFERNES, GENE	58	MOGCHS	Micro Business Management
59. PARAGUYA, CHITA P.	60	MOGCHS	Flower Arrangement
60. PELIGRINO, CHERRY J.	59	MOGCHS	Micro Business Management
61. SALAGUSTE, URVILLA P.	59	MOGCHS	Recreational Dancing
62. VILLAR, PURA G.	59	MOGCHS	Flower Arrangement
63. VISAYA, MELCHOR F.	58	MOGCHS	Micro Business Management
64. BARANGGOT, LOIDA	60	ONSTS	Micro Business Management
65. BARANGGOT, REBECCA Q.	59	Luyong Bonbon ES	Micro Business Management
66. CORTEZ, BERNARDITA B.	58	ONSTS	Recreational Dancing
67. DOLORIEL, VIRGIESARA S.	61	ONSTS	Leadership & Spirituality
68. DONQUE, MARILOU V.	59	ONSTS	Micro Business Management
69. JABUNAN, EDNA	62	ONSTS	Micro Business Management
70. JABUNAN, FIDELA T.	59	Binubongan ES	Micro Business Management
71. JABUNAN, GERARDO	60	ONSTS	Micro Business Management
72. LABIS, ANNA G.	59	Opol CS	Micro Business Management
73. MAGTRAYO, TRINIDAD	59	ONSTS	Micro Business Management
74. MENDOZA, ELISEO C.	60	ONSTS	Micro Business Management
75. MONTEJO, MARICHU	58	ONSTS	Recreational Dancing
76. MONTES, SUSAN B.	58	Igpit ES	Micro Business Management
77. REYES, GLORIA T.	59	ONSTS	Micro Business Management
78. SAPIO, COSETTE M.	61	ONSTS	Recreational Dancing
79. SEVILLANO, VIRGINIA	58	Luyong Bonbon ES	Micro Business Management
80. ABELLANOSA, QUINTIN R.	58	INCHS	Micro Business Management
81. ARANETA, SIXTO R.	61	INCHS	Micro Business Management
82. BAGARES, LILIA P.	58	INCHS	Micro Business Management
83. BAGAS, CRUZA P.	58	Andales ES	Micro Business Management
84. BOYOSE, ALICIA P.	60	INCHS	Micro Business Management
85. DADIOS, ROLDAN P.	58	Gimangpang E S	Micro Business Management
86. DALA, ROSALINDA C.	64	Tawantawan ES	Micro Business Management
87. ESTRADA, MILAGROS L.	61	INCHS	Micro Business Management
88. GALARPE, LINA R.	61	Initao CS	Dish Gardening
89. GALARPE, SUSAN U.	60	Initao C S	Dish Gardening
90. GALARRITA, JAINE E.	61	Initao CS	Dish Gardening
91. JARALES, LYNN M.	64	INCHS	Flower Arrangement
92. LORENA, ALET D.	62	Tubigan ES	Micro Business Management
93. LUNTAYAO, CONA B.	59	INCHS	Micro Business Management
94. PEREZ, SAMSONA Y.	59	INCHS	Micro Business Management
95. RATUNIL, GODELIA A.	64	INCHS	Micro Business Management
96. TRANI, FRANCITA M.	59	INCHS	Flower Arrangement
97. VEDRA, RONIE B.	58	INCHS	Micro Business Management
98. VILLAROSA, WILFREDO C.	60	INCHS	Micro Business Management
99. ZALZOS, ARLY C.	58	INCHS	Micro Business Management
100.LLERIN, JANET G	61	Libertad CS	Recreational Dancing
101.BAGUIO, HERMILIA B.	60	Libertad CS	Leadership and Spirituality
102.AMARGA, LORETA C.	63	Libertad CS	Dish Gardening
103.OMBROSA, LILA D.	63	Gimaylan ES	Dish Gardening

104. PROSERPINA Y. ALAVANZA	65	Gimaylan ES	Dish Gardening
105. NESTAL, THERESA L.	58	Gitagum CS	Flower Arrangement
106. PICUT, LETECIA P.	62	Cogon ES	Micro Business Management
107. CATIIL, NORMA B.	60	Matangad ES	Micro Business Management
108. ORCERADA, LEA M.	59	Matangad ES	Micro Business Management
109. ILLANA, CORAZON C.	58	Quezon ES	Dish Gardening
110. BONGALOS, FLORESITA B.	63	Tala-o ES	Micro Business Management
111. MACUA, CARMEN V.	58	Alubijid C S	Flower Arrangement
112. ENRIQUEZ, VIVIEN F.	60	Alubijid CS	Flower Arrangement
113. UY, RIZALINA O.	58	Alubijid C S	Flower Arrangement
114. ABALES, GLORIA C.	58	Baybay ES	Flower Arrangement
115. MACALAGUING, FE J.	62	Loguilo E S	Flower Arrangement
116. GAGNO, CARMELITA D.	58	Loguilo E S	Flower Arrangement
117. NACARIO, BETCHABETH A.	62	Loguilo E S	Flower Arrangement
118. DARAL, RENATO T.	59	Lourdes E S	Dish Gardening
119. TAGANOS, MELCHORA J.	58	Lourdes ES	Flower Arrangement
120. APDIAN, ESTHER N.	58	Lumbo ES	Flower Arrangement
121. BALACUIT, WILLIS R.	64	Taparak ES	Dish Gardening
122. PALASAN, WILFREDA S.	61	Lourdes Alubijid NHS	Dish Gardening
123. SABALDANA, PABLO A	62	Libertad NHS	Micro Business Management
124. JUARIO, MANUEL B.	60	Libertad NHS	Dish Gardening
125. ESPAÑOL, AMORITA B	60	Libertad NHS	Micro Business Management
126. BONGALOS, CELSA	59	Libertad NHS	Micro Business Management
127. BALDO, PABLO M.	58	Alubijid NCHS	Leadership & Spirituality
128. SUEZO, ANGELITO	60	Alubijid NCHS	Leadership & Spirituality
129. ABELLANOSA, BELTRANIA J.	62	Alubijid NCHS	Dish Gardening
130. APDIAN, DESIDERIA G.	59	Alubijid NCHS	Micro Business Management
131. DAYA, ROSITA A.	63	Alubijid NCHS	Dish Gardening
132. FIGURACION, VIVINA	58	Alubijid NCHS	Micro Business Management
133. GALARRITA, MARILOU L.	60	Alubijid NCHS	Flower Arrangement
134. MANGAYAN, ELIZABETH A.	65	Alubijid NCHS	Leadership & Spirituality
135. SAGUING, DELILAH A.	59	Alubijid NCHS	Micro Business Management
136. PACEÑO, MEYLINDA M.	62	Division Office	
137. SAMACO, BERNADETTE P.	60	Division Office	Leadership & Spirituality
138. REDONDO, JOHNNY D.	58	Division Office	Recreational Dancing
139. RANALAN, ANGELITA	58	Division Office	Micro Business Management

SPEAKERS

NAMES		TOPICS
1. MILA, JAY C. -	T-3, ONSTS	FLOWER ARRANGEMENT
2. CASTILLO, REMEDIOS B. -	T-3, ONSTS	DISH GARDENING
3. NACUA, HORRACE AMELIA Q.-	PSDS	LEADERSHIP AND SPIRITUALITY
4. CAYADONG, LINDO M. -	SEPS	MICRO BUSINESS MANAGEMENT
5. REDONDO, JOHNNY D.-	ES-I	RECREATIONAL DANCING
6. SAMACO, BERNADETTE P.	AO-V	RETIREMENT DOCUMENTS GSIS/ PHILHEALTH BENEFITS
7. MEJOS, NILDA	PSDS	<ul style="list-style-type: none"> • FINANCIAL MANAGEMENT/ COUNSELING • HAVING A JOYFUL & SECURED RETIREMENT
8. ANTOJADO, OROSALITA ARES	N.D.	PROPER NUTRITION FOR ELDERLY
9. JUAN, MARIA MAGDALENA A.	M.D.	COMMON DISEASES FOR ELDERLY

DIVISION PERSONNEL/ FACILITATORS

NAMES	DESIGNATION	
1. LIMBACO, CHERRY MAE L.	Schools Division Superintendent	
2. VELOSO, JEAN G.	Asst. Schools Div. Superintendent	
3. DAEL, ERLINDA G.	Chief, CID	
4. MAGDUGO, RUDY O.	Chief, SGOD	
5. SAMACO, BERNADETTE P.	Administrative Officer V	
6. GAMOROT, EDWIN L.	Planning Officer	
7. CRUZ, ELEONOR P.	Supply Officer	
8. RANALAN, ANGELITA	Accountant -3	
9. SUGANOB, VIDA C.	Medical Doctor, Head: Medical/ Dental Section	
10. LABIS , FERMINIA	ES-1	
11. GALLANA, MARY GRACE V.	ES-1	
12. AGUILAR, SALLY S.	ES-1	
13. JAYME, JOEL	PSDS, Lugait	
14. NACASABOG, WENNIE	PSDS, Manticao	
15. MEJOS, NILDA	PSDS, Naawan	
16. GABE, RIC	PSDS, Initao	
17. TAGALOGON, MARCEL	District In-charge, Libertad	
18. FABRIA, GERRY	PSDS, Alubijid	
19. GALARRITA, IMELDA P.	PSDS, Laguindingan	
20. NACUA, HORRACE AMELIA Q.	PSDS, Opol	
21. BALABA, MARIFE D.	SEPS	
22. ASIO, DANNY A.	SEPS	
23. CAYADONG, LINDO	SEPS	
24. RUBIATO, CIRILO	SEPS	
25. TUASON, VEVIAN	SEPS	
26. ORASAN, CATHERINE ANNE B.	EPS	
27. MADRID, GERRY P.	EPS	
28. HUGUETE, AMABEL D.	Public Health Nurse	
29. RATUNIL, GODELIA E.	Public Health Nurse	
30. ZAYAS, CORAZON B.	Public Health Nurse	
31. MONTEJO, MARICHU B.	Public Health Nurse	
32. ARELLANO, MISTY L.	Public Health Nurse	
33. ESTRADA, DONALD M.	Public Health Nurse	
34. DRAGON, GRACE C.	Public Health Nurse	
35. MUGOT, EMMANUEL RODRIC B.	Public Health Nurse	
36. ISRAEL , AVEGAIL J.	Public Health Nurse	
37. MAGLANGIT, RAFAELITA T.	Public Health Nurse	
38. BACOL, NENITA R.	Public Health Nurse	
39. LLOREN, NAZARENE D.	Public Health Nurse	